

Frequently Asked Questions

1. How often should my dog workout?

Ans. Ideally, your pet should receive some sort of exercise every day. But as a general rule, he should have a solid workout at least 2-3 times per week.

2. What areas do you service?

Ans. Fur Fitness currently serves the Inland Empire area of Southern California. Cities include: Colton, Corona, Fontana, Grand Terrace, Highland, Miraloma, Norco, Rancho Cucamonga, Redlands, Rialto, Riverside and San Bernardino.

3. My dog/cat needs to lose weight. Can you put together a fitness program to help him drop a few pounds?

Ans. Yes! We can definitely develop an exercise program that helps your pet drop those unsightly pounds. We will also assist you in finding a low-calorie food and healthy snacks to help your pet slim down as quickly as possible

4. My pet has severe arthritis and cannot exercise very well. Do you have a fitness program for these special needs dogs?

Ans. Yes! We find that low-impact exercise like swimming or walking is ideal for pets who suffer from joint disorders. We even offer massages that will help increase the blood flow and maximize comfort.

5. What if my dog is not overweight?

Ans. Exercise is extremely beneficial for all pets, regardless of their weight. Regular exercise keeps the heart pumping, the lungs breathing and the blood flowing properly. Consistent activity helps prevent obesity as well as the onset of weight-related diseases. Daily exercise also improves brain function and will help your pet feel healthier and happier.

Make Your Pet's Health a Priority!

If you're looking for an energetic pet fitness trainer to help your pet get in shape, contact Fur Fitness right away! You'll be amazed and delighted at the transformation your pet experiences once he begins his own fitness regime. Call: (909) 874-6078

Rates:

Pet Sitting Programs

30-min visit	\$17.00
60-min visit	\$25.00
90-min visit	\$35.00
Exercise & overnight stays	\$65-\$78

Pet Taxi

Based on destination & length of appointment	Call for pricing
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Fur Fitness

PO Box 1581

Rialto, CA 92377

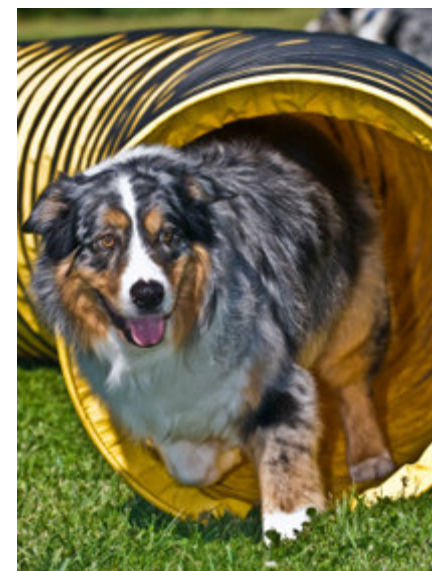
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Fur Fitness

Providing Your Four-Legged Friends with the Exercise They Need to Thrive



Dedicated to helping your pet get in shape. Stay in shape. And lead a long, happy life.



Keeping Pets Physically Fit

Just like humans, pets need daily exercise to stay healthy, trim & fit. Unfortunately millions of pets do not receive the exercise they need to maintain whole body health. According to the Association for Pet Obesity Prevention, 44% of dogs and 57% of cats in the United States are overweight or obese. With the increased busyness of our society, more and more pet parents simply do not have the time to exercise their pets.

And that's where we come in!

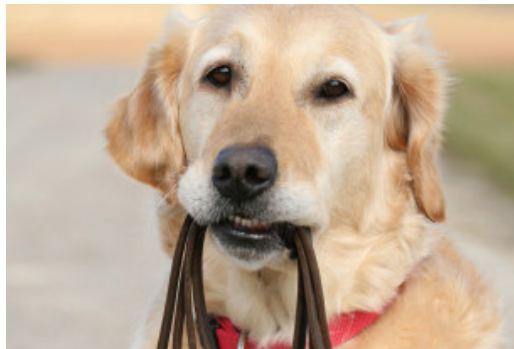
Fur Fitness is a pet fitness service that is dedicated to enhancing your pet's health through regular exercise. We offer a variety of programs including personalized fitness regimes, obedience training and pet sitting services. Daily exercise will enhance your pet's mental and physical wellbeing, and can even increase his lifespan. The result is an exuberant, fully-muscled pet that is glowing with health.



Fitness Programs for Every Type of Pet

We offer a number of fitness programs and other services that can be customized for your pet's individual needs.

- **Canine Fitness** program includes power walks, running, hiking, jogging and games.
- **Kitty Workouts** are packed with activities that will keep your feline moving and having fun.
- **Puppercise** is especially designed for young, energetic dogs and includes a variety of stimulating, action-filled games.
- **Rabbit Romps** will provide your bunny with quiet walks and even a fun obstacle course.
- **Reptile Calisthenics** will keep your lizards, toads, geckos and frogs trim & fit through special exercise techniques.
- **Pet Sitting.** We can provide your pet with consistent companionship and recreational opportunities while you are at work or out of town for an extended period of time. We even offer overnight stays for those pets who hate to sleep alone.
- **Dog Training.** This program can help your dog become a pro at basic and advanced doggy etiquette. A refresher course is also available for older dogs.
- **Pet Taxi.** Fur Fitness guarantees to have your pet at his appointments safely and on time. Transportation is also provided for the ride home.



Transform Your Pet's Health and Experience Greater Peace of Mind

By using Fur Fitness your pet will receive the exercise and attention he needs to thrive. Pets who exercise on a regular basis are:

- ✓ Happier
- ✓ Less stressed
- ✓ More energetic
- ✓ Have less behavior problems
- ✓ Recover faster from minor illnesses or injuries
- ✓ Have brighter eyes
- ✓ Smile more

As a responsible pet owner who utilizes this type of service, you will experience:

- ✓ Peace of mind, knowing your pet is receiving the exercise he needs for a long happy life.
- ✓ No more guilty feelings about leaving your pet cooped up in the house all day while you are at work.
- ✓ You'll also feel more relaxed when you come home, as your pet will be fully exercised, calm and happy.

After using Fur Fitness's services for his dog Cha Cha, Kenneth Hernandez wrote, "*She (Cha Cha) seems so much happier now, more like the old Cha Cha. She's lost weight and is more lively. We are firm believers of exercise, even for pets. Having a yard just isn't enough.*"

